

2026 Winter Indoor Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6AM							
7AM		Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-10:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	
8AM							Lap (3) Open (2) 8:00AM-8:30AM
9AM	Lap Swim (3) Open Swim (2) 8:00AM-10:00AM	Aqua Zumba (4) Lap Swim (1) 9:00AM-10:00AM		Aqua Deep (4) Lap Swim (1) 9:00AM-10:00AM	Aqua Zumba (5) 9:00AM-10:00AM	Water Aerobics (4) Lap Swim (1) 9:00AM-10:00AM	Water Aerobics (4) Lap Swim (1) 8:30AM-9:30AM
10AM		Lap (3) Open (2)				Lap (3) Open (2)	
11AM	Group Lessons (2) Lap Swim (3) Open Swim (Deep End Only) 10:00AM-12:00PM	1/26, 2/16 only: School's Out (2) Lap Swim (3) 10:15AM-11:15AM	Senior Aerobics (5) 10:00AM-11:00AM		Senior Aerobics (5) 10:00AM-11:00AM	2/13 only: School's Out (2) Lap Swim (3) 10:15AM-11:15AM	Group Lessons (2) Lap Swim (3) 10:00AM-12:00PM
12PM	Lap (3) Open (2) 12:00PM-12:30PM		Sr. Deep (3) Lap (2) 11:00AM-11:30AM		Sr. Deep (3) Lap (2) 11:00AM-11:30AM		
1PM		Lap Swim (3) Open Swim (2) 11:15AM-2:00PM	Homeschool (2) Lap Swim (3) 11:30AM-1:00PM	Lap Swim (3) Open Swim (2) 10:00AM-2:00PM			Lap (3) Open (2) 12:00PM-12:30PM
2PM	Group Lessons (2) Lap Swim (3) 12:30PM-3:00PM		Lap (3) Open (2) 1:00PM-1:30PM		Lap Swim (3) Open Swim (2) 11:30AM-3:15PM	Lap Swim (3) Open Swim (2) 11:15AM-3:00PM	Group Lessons (2) Lap Swim (3) 12:30PM-1:30PM
3PM		ECC Classes (2) Lap Swim (3) 2:00PM-3:30PM	2/17 only: School's Out (2) Lap Swim (3) 1:30PM-2:30PM	ECC Classes (2) Lap Swim (3) 2:00PM-3:30PM			
4PM	Lap Swim (3) Open Swim (2) 3:00PM-5:45PM	Lap Swim (3) Open Swim (2) 3:30PM-5:00PM	Lap (3) Open (2) 2:30PM-3:00PM		Group Lessons (2) Lap Swim (3) 3:15PM-4:15PM	ECC Classes (2) Lap Swim (3) 3:00PM-4:00PM	Lap Swim (3) Open Swim (2) 1:30PM-5:45PM
5PM			Lap Swim (3) Open Swim (2) 4:00PM-5:00PM	Lap Swim (3) Open Swim (2) 3:30PM-5:00PM	Lap (3) Open (2) 4:15PM-5:00PM	Lap (3) Open (2) 4:00PM-4:30PM	
6PM						KidsPlace (2) Lap Swim (3) 4:30PM-5:30PM	
7PM						Lap (3) Open (2)	
8PM							
9PM							
	Pool Closed for a Swim Meet:	Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	Swim Team (4) Lap Swim (1) 5:00PM-7:00PM	Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	January 2 - March 1, 2026 To receive pool schedule updates fill out this form: siegeljcc.org/forms/aquatics-updates	
	Sunday 2/15 (Close at 11am)					Private Lessons are held at various times throughout the week. Please share pool space with them as you would with any other swimmer. Schedule is subject to change. Every effort will be made to inform members of changes.	
	Sunday 3/1 (Closed All Day)	Swim Team (2) Lap (3) 8:00PM-8:30PM	Lap Swim (3) Open Swim (2) 7:00PM-9:15PM	Swim Team (2) Lap (3) 8:00PM-8:30PM	Swim Team (2) Lap (3) 8:00PM-8:30PM	Thick borders indicate all 5 lanes are in use for programming.	
		Lap Swim (3) Open Swim (2) 8:30PM-9:15PM		Lap Swim (3) Open Swim (2) 8:30PM-9:15PM	Lap Swim (3) Open Swim (2) 8:30PM-9:15PM	Please direct all pool-related questions and comments to: Steph Kegelman, Sports & Wellness Director 302-478-5660 x 401; stephkegelman@siegeljcc.org	