



2026 Winter Indoor Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6AM							
7AM		Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-10:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	Lap Swim (3) Open Swim (2) 6:00AM-9:00AM	
8AM							Lap (3) Open (2) 8:00AM-8:30AM
9AM	Lap Swim (3) Open Swim (2) 8:00AM-10:00AM	Aqua Zumba (4) Lap Swim (1) 9:00AM-10:00AM		Aqua Deep (4) Lap Swim (1) 9:00AM-10:00AM	Aqua Zumba (5) 9:00AM-10:00AM	Water Aerobics (4) Lap Swim (1) 8:30AM-9:30AM	
10AM	Group Lessons (2) Lap Swim (3) Open Swim (Deep End Only) 10:00AM-12:00PM	Lap (3) Open (2) 1/26, 2/16 only: School's Out (2) Lap Swim (3) 10:15AM-11:15AM	Senior Aerobics (5) 10:00AM-11:00AM		Senior Aerobics (5) 10:00AM-11:00AM	Lap (3) Open (2) 2/13 only: School's Out (2) Lap Swim (3) 10:15AM-11:15AM	
11AM			Sr. Deep (3) Lap (2) 11:00AM-11:30AM		Sr. Deep (3) Lap (2) 11:00AM-11:30AM		Group Lessons (2) Lap Swim (3) 10:00AM-12:00PM
12PM	Lap (3) Open (2) 12:00PM-12:30PM	Lap Swim (3) Open Swim (2) 11:15AM-2:00PM	Homeschool (2) Lap Swim (3) 11:30AM-1:00PM	Lap Swim (3) Open Swim (2) 10:00AM-2:00PM	Lap Swim (3) Open Swim (2) 11:30AM-3:15PM	Lap (3) Open (2) 12:00PM-12:30PM	
1PM	Group Lessons (2) Lap Swim (3) 12:30PM-3:00PM		Lap (3) Open (2) 1:00PM-1:30PM		Lap (3) Open (2) 1:00PM-1:30PM	Group Lessons (2) Lap Swim (3) 12:30PM-1:30PM	
2PM		ECC Classes (2) Lap Swim (3) 2:00PM-3:30PM	Lap (3) Open (2) 1:30PM-2:30PM	ECC Classes (2) Lap Swim (3) 2:00PM-3:30PM			
3PM	Lap Swim (3) Open Swim (2) 3:00PM-5:45PM		ECC Classes (2) Lap Swim (3) 3:00PM-4:00PM		Group Lessons (2) Lap Swim (3) 3:00PM-4:00PM	ECC Classes (2) Lap Swim (3) 3:00PM-4:00PM	Lap Swim (3) Open Swim (2) 1:30PM-5:45PM
4PM		Lap Swim (3) Open Swim (2) 3:30PM-5:00PM	Lap Swim (3) Open Swim (2) 4:00PM-5:00PM	Lap Swim (3) Open Swim (2) 3:30PM-5:00PM	Lap (3) Open (2) 4:15PM-5:00PM	Lap (3) Open (2) 4:00PM-4:30PM	
5PM		Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	Swim Team (4) Lap Swim (1) 5:00PM-7:00PM	Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	Swim Team (4) Lap Swim (1) 5:00PM-8:00PM	KidsPlace (2) Lap Swim (3) 4:30PM-5:30PM	
6PM	Pool Closed for a Swim Meet: Sunday 2/15 (Close at 11am)					Lap (3) Open (2)	
7PM	Sunday 3/1 (Closed All Day)	Swim Team (2) Lap (3) 8:00PM-8:30PM	Lap Swim (3) Open Swim (2) 7:00PM-9:15PM	Swim Team (2) Lap (3) 8:00PM-8:30PM	Swim Team (2) Lap (3) 8:00PM-8:30PM	January 2 - March 1, 2026 To receive pool schedule updates fill out this form: siegeljcc.org/forms/aquatics-updates	Private Lessons are held at various times throughout the week. Please share pool space with them as you would with any other swimmer. Schedule is subject to change. Every effort will be made to inform members of changes.
8PM		Lap Swim (3) Open Swim (2) 8:30PM-9:15PM		Lap Swim (3) Open Swim (2) 8:30PM-9:15PM	Lap Swim (3) Open Swim (2) 8:30PM-9:15PM	Thick borders indicate all 5 lanes are in use for programming.	
9PM							Please direct all pool-related questions and comments to: Steph Kegelman, Sports & Wellness Director 302-478-5660 x 401; stephkegelman@siegeljcc.org